

14.(2) The candidates belonging to any of the Scheduled Castes and the Scheduled Tribes may to the extent of the number of vacancies reserved for the Scheduled Castes and the Scheduled Tribes be recommended by the Commission by a relaxed standard, subject to the fitness of these candidates for selection to the Post.

Provided that the candidates belonging to Scheduled Castes and Scheduled Tribes who have not availed themselves of any of the concessions or relaxations in the eligibility or the selection criteria, at any stage of the Examination and who after taking into account the general qualifying standards are found fit for recommendation by the Commission shall not be recommended against the vacancies reserved for the Scheduled Castes and Scheduled Tribes.

Further provided that the candidates who qualify in the order of merit but the results of whose medical standards test are pending will be recommended provisionally.

Further provided that the final selection of the candidates will be subject to the final outcome of the Writ Petition (Civil) No. 5877/2022 filed by Diwakar Pande & Ors. Vs. Ministry of Home Affairs & Ors. in the High Court of Delhi at New Delhi:

15. The form and manner of communication of the result of the Examination to individual candidates shall be decided by the Commission in their discretion and the Commission will not enter into correspondence with them regarding the result.

16. A candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the discharge of his/her duties as an officer of the service. A candidate, who after such medical examination as Government or the appointing authority, as the case may be, may prescribe, is found not to satisfy these requirements will not be appointed. The candidate should be in SHAPE-1 medical category during Annual Medical Examination-**2024** (should be valid upto August- **2025**) as specified in CISF Circular No. (145) dated 28.01.2009.

17. The list of finally selected candidates would be forwarded by the Commission to Ministry of Home Affairs/Directorate General, CISF for issue of offer of appointment to the post of Assistant Commandants (Executive) for training and medical examination. The selected candidates shall undergo training at the training centre of the Force and will remain on probation for a period of two years.

18. No TA/DA/Journey expenses will be allowed to the candidates for attending the Exam at any stage.

{ **Anand Kumar Gautam** }  
Under Secretary to Government of India

APPENDIX-I

**Scheme and Syllabus of the Written Examination for the Limited Departmental Competitive Examination for the post of Assistant Commandants in Central Industrial Security Force**

**(I) Scheme of Written Examination:**

The written Examination to be conducted by Union Public Service Commission will comprise two papers as follows:

**Paper-1 General Ability and Intelligence and Professional Skill, (300 marks) (150 questions) (2 ½ hours)**

This paper will be of Objective Type (Multiple Choice Questions) in which the questions will be set in English as well as Hindi. The paper will comprise two parts as follows:-

Part-A: General Ability and Intelligence - 150 Marks  
(75 Questions)

Part-B: Professional Skill - 150 Marks  
(75 Questions)

**Paper II: Essay, Precis Writing and Comprehension - 100 Marks (2 hours)**

In this paper candidates will be allowed the option of writing the Essay Component in English or Hindi, but the medium of Précis Writing and Comprehension Components will be English only.

**NOTE-1:** Candidates should ensure that in Paper II they write the Answers only in the Medium allowed by the Commission for the different components as mentioned above. No credit will be given for answers written in a medium other than the one allowed in the Paper.

**NOTE-2:** Candidates will be required to indicate the medium of writing the Essay Component in the Attendance List and on the Answer Book. No credit will be given for the Essay Component if the candidate indicates a medium on the Attendance List and on the Answer Book other than the one in which he/she has written the Essay.

**NOTE-3:** There will be minimum qualifying marks separately in each Paper as may be fixed by the Commission.

**NOTE-4:** The Commission will declare a list of candidates qualified in the written Exam. The CISF will conduct Physical Efficiency Test first and thereafter the Medical Efficiency Test of only those candidates will be conducted who are declared qualified in the Physical Efficiency Test.

**NOTE-5:** The candidates who qualify in the Medical Examination and Physical Efficiency Test shall be required to appear for Personality Test/Interview to be conducted by the Commission.

On completion of above process, a final merit list of candidates shall be prepared and be sent to the CISF authority for taking further course of action.

**(II) Syllabi of the Written Papers:-**

**Paper I : General Ability and Intelligence and Professional Skill**

**PART-A:** General Ability and Intelligence: The objective type questions with multiple choices in this paper will broadly cover the following areas:

**1. General Mental Ability:**

The questions will be designed to test the logical reasoning, quantitative aptitude including numerical ability and data interpretation.

**2. General Science:**

The questions will be set to test general awareness, scientific temper, comprehension and appreciation of scientific phenomena of everyday observation including new areas of importance like Information Technology, Biotechnology and Environmental Science.

**3. Current Events of National and International Importance:**

The questions will test the candidates' awareness of current events of national and international importance in the broad areas of culture, music, arts, literature, sports, governance, societal and developmental issues, industry, business, globalisation and interplay among nations.

**4. General Awareness:**

The questions shall aim to test candidates' general awareness and would inter-alia include question to test basic knowledge of history of India, Indian and World Geography as well as Indian Polity and Economy.

**PART-B: Professional Skill**

This test will be designed to test professional skills of the candidates in relation to operational and administrative requirement of the Central Industrial Security Force and will broadly cover the following areas:

**1. CISF related Professional Skills**

- Industrial Security;
- Industrial Safety and fire fighting;
- Disaster Management;
- Aviation Security;
- Crime and Intelligence-Espionage, Sabotage, Subversion;
- Perimeter Security;
- Security of vital installations-DAE, Metro Rail, Space; Govt. Buildings, Ports, Jails;
- Use of Technical Gadgets Alarm, detection, intrusion, Access control, Fire safety;
- Bomb Detection and Disposal;
- VIP Security;
- Internal Security and Election duties;
- Drone Technology in Security duties;
- Security Consultancy

**2. Law**

- **Bharatiya Nagrik Suraksha Sanhita, 2023** (Sections : 35-62 Arrest, 96-110 search and seizure, 148-151 unlawful assembly, 163 urgent cases of nuisance or apprehended danger, 168-172 preventive action of the police);

- **Bhartiya Nyaya Sanhita, 2023** (Sections: 2(28) public servant, 14 - 44 General Exceptions, 112-113 Petty organized Crime, Terrorist Act, 152 Act endangering sovereignty, unity and integrity of India, 171 Undue influence at elections, 189-197 Offences against public tranquility, 286-290 Negligent conduct with respect to poisonous substance, fire or combustible matter, explosive substance, machinery, pulling down repairing or constructing buildings etc, 304 Snatching, 303-307 Theft, 316-317 Criminal breach of trust, Stolen property, 324-328 Mischief, 329-334 Criminal Trespass, 351 Criminal Intimidation);
- **Bhartiya Sakshya Adhiniyam, 2023** (Sections:2(e) Evidence, 57 & 58 Primary Evidence and Secondary Evidence);
- **Labour Law** (Industrial disputes Act, Employees Compensation Act, Trade Union Act);
- **Other Criminal Offences** (Unlawful Activities Prevention Act, 1967; Prevention of Corruption Act, 1988; Information Technology Act 2000; Protection of Children against Sexual Offences Act, 2012);
- **Human Rights** (Universal Declaration of Human Rights, Constitution of India-Articles 19, 20, 21 and 22; Protection of Human Rights Act, 1993; The Sexual Harassment of Women at Workplace (Prevention, prohibition and Redressal) Act, 2013).

### 3. Computer Skills and Awareness

- Computer Security,
- Basic Computer Operations;
- Basic Hardware and Software;
- Artificial Intelligence

### 4. Service Rules and and HR Matters

- CCA Rules;
- CISF Act and Rules;
- HR Functions related to CISF

## Paper II : Essay, Précis Writing and Comprehension

This paper shall test candidates' ability to bring to fore his/her ideas on the given essay topic, arrange them in a coherent, orderly, concise, understandable and lucid manner in effective and grammatically correct language free from spelling errors.

Further, this shall test candidates' ability to understand the given passages for précis-writing and comprehension and their skills to summarise the précis passage and reply to the short-answered questions on the comprehension passage.

APPENDIX-IIPHYSICAL AND MEDICAL STANDARDS FOR THE CANDIDATE FOR THE POST OF ASSISTANT COMMANDANTS IN THE CISF SELECTED THROUGH LIMITED DEPARTMENTAL COMPETITIVE EXAMINATION- 2025**APPENDIX-II (A)****(1) Physical Standards:**

The Minimum requirements for the candidate (for all categories) are as follows:

	<b>Men</b>	<b>Women</b>
Height	165 cms (Gen & SC)	157 Cms ( Gen & SC)
	162.5 cms ( ST)	154 cms ( ST)
Chest ( unexpanded )	81 cms (with 5 cm minimum expansion )	Not applicable
Weight	Corresponding to height	Corresponding to height
Medical	SHAPE-1	SHAPE-1

Moreover, the weight should be as per the height and age as mentioned in **APPENDIX-II (B)**.

**(2) Medical Standards:****(a) Eye Sight :**

	Better eye (Corrected vision)	Worse eye (Corrected vision)
Distant Vision	6/6	6/12
	OR 6/9	6/9
Near vision	J1 (corrected)	J2 (corrected)

The candidate should not have squint of any degree and should have high colour vision. The candidate will be tested for colour vision by Ishahara's test as well as Edridge-Green Lantern Test. Eyes should be bright, clear with no abnormality/disease. Movements of eyeballs should be full and free in all direction. In every case of Myopia, fundus examination should be carried out and the results should be recorded. Contact lenses or laser surgery is not allowed.

(b) **Carrying angle:** Carrying angle should not be more than 15° for male and 20° for female.

(c) **Ear:** i) Candidate should not have any degree of deafness or persistent ear discharge  
ii) Candidate should not have any other condition (congenital or acquired) like atresia of the meatus, exostosis, neoplasm which is causing obstruction of ear passage and should not have history or recurrent earache, tinnitus and vertigo.

(d) **Nose:** Candidate should not have DNS, atrophic rhinitis, tubercular, ulceration, chronic sinusitis.

(e) **Neck:** Candidate should not have enlarged lymph nodes, thyroid or other swelling of neck, inability to extend the neck fully or any evidence of disease of spine or cervical vertebrae.

(f) **Teeth:** Candidate must possess sufficient number of sound teeth for efficient mastication. Candidate should not have severe pyorrhea.

(g) **Venereal Disease:** Candidate should not have active signs of clinical VD.

(h) **Chronic skin diseases:** Candidate should not have chronic skin diseases like Leprosy, chronic dermatitis, extensive Pityriasis Versicolor, psoriasis, SLE etc.

(3) **General Standards:**

- a) Speech should be without impediment i.e. no stammering.
- b) The candidate should not have any indication of chronic disease like TB, any type of arthritis, high blood pressure, Diabetes, Bronchial Asthma, any heart disease.
- c) Candidate should not have perceptible and visible glandular swelling anywhere in the body.
- d) Chest should be well formed, devoid of any abnormality like flat chest, pigeon chest, with rickety rosary defects. Heart and lungs should be sound.
- e) Limbs, hands and feet should be well formed and fully developed and there shall be perfect motion of all joints.
- f) Should not have any old/mal united fracture of bones.
- g) There should be free and perfect movements of all the joints.
- h) Feet and toes should be well formed.
- i) Should not have congenital malformation or defects.
- j) Should not bear traces of previous acute or chronic disease pointing to any impaired constitution.
- k) Candidate should have no disease of the genito-urinary tract.
- l) Candidate should have no inguinal, scrotal swelling, any type of Hernia.
- m) (Only for male) Both the testicles are in the scrotum and of normal size.
- n) The candidate must not have knock knees, flat foot, varicose veins.
- o) They must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties.

(4) Candidate should not suffer from TACHYCARDIA (more than 100 pulse rate per minute) or BRADYCARDIA (less than 50 per minute).

(5) Candidate should not suffer from Hernia, hemorrhoids, condylomata prolapse rectum.

**Note: 1. Medical Examination will be conducted as per revised uniform guidelines issued by MHA UO dated 20.05.2015 for recruitment of GO's and NGO's in the CAPFs & AR and Review Medical Examination will be conducted as per revised uniforms guidelines for RME in CAPFs & ARs for GO's & NGO's vide MHA UO No.E-32012/ADG (Med)/DME&RME/DA-1/2020 (Part File)/ 1166 dated 31.05.2021.**

**2. Candidates will either be declared "FIT" or "UNFIT" in the Medical Standard Tests. Those candidates who are declared 'UNFIT' in the Medical Standard Tests will be allowed to appear before the Review Medical Board preferably on next day of Detail Medical Examination.**

## Male Average Body Weights in Kilograms for different Age Groups and Heights

Height in CMs	Age in years			
	18-22	23-27	28-32	33-37
156	44-54	46-56	47-58	48-59
158	45-55	47-57	48.5-59.5	49.5-60.5
160	46-56	47.7-58.5	49.5-60.5	50.5-61.5
162	47-58	49-60	50.5-61.5	52-63
164	48-59	50-61	52-63.5	53-65
166	49.5-60.5	51.5-62.5	53-65	54.5-66.5
168	51-62	52.5-64.5	54.5-66.5	56-68
170	52-64	54-66	56-68	57.5-70.5
172	54-66	55.5-67.5	57-70	59-72
174	55-67	57-70	59-72	61-74.5
176	56.5-69	58.5-71.5	60.5-73.5	62-76
178	57.5-70.5	60-73	61.5-75.5	63.5-77.5
180	59-72	61-75	63.5-77.5	65.5-80
182	61-74.5	62.5-76.5	65-79	66.5-81.5
184	63-77	64.5-78.5	66.5-81.5	68.5-83.5
186	63.5-77.5	65.5-80.5	68-83	70-86
188	65-79	67.5-82.5	70-85.5	71.5-87.5
190	66-81	68.5-83.5	70.5-86.5	72.5-88.5

## Female Average body Weights in Kilograms for Different Age Group and Heights

Height in CMs	Age in years			
	18-22	23-27	28-32	33-37
148	34.5-42.5	37-45	38.5-47	39.5-48.5
150	36.5-44.5	37.5-45.5	39-48	40.5-49.5
153	38-46	39-48	41-50	42-51
155	38.5-47.5	40-49	41.5-50.5	43-52.5
158	40.5-49.5	42-51	43-53	44.5-54.5
160	41.5-50.5	43-52.5	44-54	45.5-54.5
163	43-52.5	44-54	46-56	47-57
165	44-54	45.5-55.5	47-58	48.5-59.5
168	45-55	47-57	48.5-59.5	49.5-60.5

The body weights are given in this chart corresponding to only certain heights (in cms). In respect of height in between, the principle of 'Average' may be utilized for calculating body weights.

For calculating average weight beyond the heights tabulated, 0.71 Kg for every one cm of increase or decrease in height may be added or subtracted respectively.

\*\*\*\*